

NUTRITIONAL INFORMATION Average Value	Serving size: 1.7 ml	
	Serving per bottle: per Serving (1.7 ml)	30 per 100 ml
Energy	26 kJ/ 6 kcal	1529 kJ/ 366 kcal
Fat	0.37 g	22 g
Comprising of		
Monounsaturated fatty acid	0.07 g	4.3 g
Polyunsaturated fatty acid	0.208 g	12.3 g
Omega 3 fatty acids	126 mg	7412 mg
Saturated fatty acid	0.07 g	4.3 g
Trans fatty acid	0.0004 g	0.02 g
Carbohydrate	1 g	71 g
Total sugars	0.0 g	0.0 g
Sodium	0.0004 g	0.004 g
Protein	0.0 g	0.0 g
Vitamin E	15 mg	882 mg
Vitamin B ₁	0.22 mg	13 mg
Niacin	3.2 mg	188 mg
Biotin	10 ug	588 ug
Vitamin D ₂	2.5 µg	147 µg

INGREDIENTS: Glycerol, water, oil from the microalgae Schizochytrium sp (13%), emulsifier (soya lecithin), coenzyme Q10 (1.5%), vitamin E, natural orange flavour, sunflower oil, niacin, ginger extract (0.03%), natural black pepper flavour, vitamin B₁, vegetable oil (cocos), antioxidant (tocopherol-rich extract, fatty acid esters of ascorbic acid), extracts of rosemary, biotin, vitamin D₂.

Suitable for vegetarians